# OUT & AROUND

IF YOU DON'T FIND WHAT YOU WISH FOR IN THIS BOOKLET, LET US KNOW AND WE WILL MAKE OUR BEST TO MAKE IT HAPPEN!

### Dunas de Sal

# ISLAND TOUR

IT DOESN'T TAKE LONG TO DISCOVER THE WONDERS OF SAL. THE ISLAND IS JUST 216KM2 LONG AND A ONE DAY TOUR WILL GIVE YOU THE HIGHLIGHTS OF IT'S HISTORY, PEOPLE AND SPECIAL LOCATIONS AND SIGHTS. BOOK A PRIVATE TOUR OR JOIN A GROUP OF SOON TO BE NEW FRIENDS.







#### PRIVATE ISLAND TOUR

٦.	-4 PEOPL	E/5	-8 PEOPLE
HALF DAY	100€	/	120€
FULL DAY	120€	/	180€
SHARK TOUR	50€	/	70€

(MORE OPTIONS AVAILABLE)

KITE BEACH - SHARK BAY PEDRA DE LUME BURACONA & THE BLUE EYE MONTE LEÃO -PALMEIRA PONTA PRETA -ESPARGOS THE FISHERMAN'S PEAR MURDEIRA BAY & MORE



#### GROUP ISLAND TOUR

HALF DAY		25€
FULL DAY		35€
SHARK TOUP	ર	20€
	(PRICES PER PE	RSON)

BLUE **BIKES** 

AROUND AND HELP THE PLANET!

**EVERY EFFORT** COUNTS. RIDE

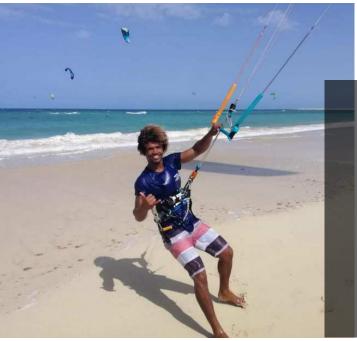
CHILDREN SEATS AVAILABLE

HALF DAY (4H) 10€ FULL DAY (24H) 15€ 26€ 2 DAYS

1 WEEK 65€ 2 WEEKS 100€ 1 MONTH 170€

(MORE OPTIONS AVAILABLE)

# WATER SPORTS



THE TURQUOISE WARM WATERS INVITE THE VISITOR TO EXPLORE THE NAUTICAL ACTIVITIES AVAILABLE ON THE ISLAND. SOME MORE RELAXING, OTHER MORE CHALANGING BUT ALL MEMORABLE AND B SURROUNDED OF BEAUTY!





#### BANANA BOAT & DONUTS 20€ PER PERSON

MINIMUM 10 YEARS OLD / SWIMMING MANDATORY / INCLUDING LIFE VESTS AND WATER

#### JETSKI

30 MIN. 59€ PER PERSON | 60 MIN. 99€ PER PERSON
120 MIN. 160€ PER PERSON (WITH DIVING STOP)
MAXIMUM 2 PERSONS PER JETSKI / NO LICENSE IS REQUIRED.

#### **KITE SURF**

(DAILY CLASSES AT 8:15, 10:30, 12:30, 14:30)

CLASSES	PRIVATE	GROUP
2 HOURS	120€	99€
4 HOURS (2x2h)	230€	145€
6 HOURS (3x2h)	330€	198€
8 HOURS (4x2h)	460€	250€
10 HOURS (5x2h)	575€	310€

NO AGE LIMITATION / SWIMMING MANDATORY / MINIMUM WEIGHT 35KG / INCLUDING TRANSPORTATION, PROFESSIONAL INSTRUCTOR AND WATER / GROUP = 2 PEOPLE

#### WAKEBOARD / WATERSKI 30 MIN. 89€ PER PERSON 60 MIN. 170€ PER PERSON COURSE: 120€ PER PERSON

SWIMMING MANDATORY / INCLUDING NECESSARY GEAR AND WATER



#### DIVING

- TRY DIVE OR REFRESH(DAILY AT 8:15 AM OR 1:30 PM) 79€
- OPEN WATER DIVER COURSE (DAILY AT 8:15 AM OR 1:30 PM) 440€
- ADVANCED OPEN WATER DIVER COURSE (DAILY AT 8:15 AM) 390€

DIVES (DAILY AT 8:15 AM)
1 DIVE 39€ | 2 DIVES 76€ | 3 DIVES 109€ |5 DIVES 185€ | 6 DIVES 209€
8 DIVES 275€ | 10 DIVES 330€

- EQUIPMENT RENTAL: 1 DAY 25€ | 2 DAYS 33€ | 3 DAYS 40€ | 4 DAYS 45€| 5 DAYS 50€

# GOLF

9-HOLE COURSE, IT'S A PAR 35 WITH A LEGTH OF APPROX 2.800MT. THIS GOLF COURSE IS AN OASIS IN THE DESERT. SURROUNDED BY PALM TREES AND WITH A 300° VIEW TO THE SEA.

> PROMO PACKAGE STEP 1: 148€ 4 INDIVIDUAL LESSON OF 30MIN EACH FULL EQUIPMENT AND BALLS DURING LESSONS

INTRODUCING THE FUNDAMENTALS OF THE GAME OF GOLF SEEING THE THREE DIFFERENT AREA OF THE GAME (LONG GAME, SHORT GAME, PUTTING) PGAI TEACHING PROFESSIONAL



# HORSE EXCURSION

EXPERIENCED RIDERS AND BEGINNERS ALIKE WILL FIND THEIR MATCH ON OUR HORSEBACK RIDING TOURS. CHOOSE BETWEEN 4 DIFFERENT TRAILS AND SET OFF IN A RIDE ON WHITE-SAND DUNES AND THROUGH THE SALT FLATS OF SAL, WITH THE OPPORTUNITY TO CONTINUE ALONG THE KITE BEACH AND BEYOND.



#### THE TRAILS

SALT FLATS TRAIL € 50 PER PERSON LENGTH: 3KM / DURATION: 1H / HORSE GAIT: WALK / IDEAL RIDERS: BEGINNER-NOVICE

KITE BEACH SHORT TRAIL € 60 PER PERSON LENGTH: 3KM / DURATION: 1H / HORSE GAIT: WALK / IDEAL RIDERS: BEGINNER-NOVICE

SALT FLATS AND KITE BEACH TRAIL €70 PER PERSON LENGTH: 7KM / DURATION: 1H30 / HORSE GAIT: WALK-CANTER-GALLOP IDEAL RIDERS: NOVICE-INTERMEDIATE-ADVANCED

SALT FLATS, KITE BEACH AND SAND DUNES TRAIL € 80 PER PERSON LENGTH: 9KM / DURATION: 2H / HORSE GAIT: WALK-CANTER-GALLOP IDEAL RIDERS: NOVICE-INTERMEDIATES-ADVANCED

HELMETS, ROUND-TRIP HOTEL TRANSPORT, INCLUDED IN THE PRICE. COMPREHENSIVE SAFETY BRIEFING PRIOR TO THE RIDE. PRIVATE RIDES AVAILABLE ON REQUEST.







CHILDREN, TEENS, ADULTS AND FAMILIES ARE INVITED TO EXPERIENCE THIS STUNISHING EXPERIENCE. TRADITIONAL DRINKS AND FOOD ARE NCLUDED AS WELL AS THE ROUND-TRIP FROM AND TO THE HOTEL

ADULT45€ PER PERSONCHILDREN35€ (UP TO 11 YEARS OLD)

# BUGGY QUAD SEGWAY

#### QUAD

(PRICES PER QUAD - UP TO 2 PERSONS)

DESERT TOUR - 2H	90€
ISLAND ADVENTURE - 4H	159€
QUAD & SNORKELING FOR 1 - 3H	110€
QUAD & SNORKELING FOR 2 - 3H	130€

#### BUGGY

(PRICES PER BUGGY - UP TO 2 PERSONS)

DESERT TOUR - 2H	11
ISLAND ADVENTURE - 4H	20
BY NIGHT - 2H	14
TURTLE TOUR 3-4H	14

SEGWAY TOUR (PRICE PER PERSON)

45MIN



QUAD



COME ABOARD THE LUXURIOUS LOUNGE CATAMARAN SODADE AND LET THE TEAM TAKE YOU AWAY FOR AN UNWINDING HALF DAY OUT .

ENJOY A DIFFERENT VIEW OF THE ISLAND'S ROCKY SHORES ON A RELAXING TRIP DOWN THE WESTERN COAST OF SAL ON THIS SPACIOUS BOAT. THE CATAMARAN HAS A CAPACITY OF 90 PEOPLE, BUT FOR YOUR COMFORT ONLY 60 PEOPLE PER TRIP ARE ALLOWED, PROVIDING PLENTY OF SPACE FOR EACH AND EVERY ONE.

TOURS HALF DAY HALF DAY ADULT ONLY

59€ PER PERSON 65€ PER PERSON



WITNESS THE LOGGERHEAD SEA TURTLES (CARETTA CARETTA) LAY THEIR EGGS AT THE NATURAL RESERVE OF COSTA FRAGATA ON A NIGHT ADVENTURE WITH ALL THE COMFORT OF OUR GLAMPING TENT.

IN THE MAGICAL SCENE OF THE STARRY AFRICAN NIGHT, THIS EXCLUSIVE EXCURSION OFFERS A UNIQUE AND WONDERFUL INTIMATE EXPERIENCE OF SEEING THE LOGGERHEAD SEA TURTLES (CARETTA CARETTA) LEAVE THE OCEAN TO LAY THEIR EGG. AT THE PLACE OF OBSERVATION, YOU WILL BE WELCOMED AT THE GLAMPING TENT WHERE SOFT DRINKS & SNACKS WILL BE OFFERED. AFTER THE BRIEFING YOU WILL BE READY TO START THE TURTLE WATCHING AND OBSERVE UP CLOSE THE TURTLES LAYING EGGS IN THEIR NATURAL ENVIRONMENT.

EVERY YEAR ONLY AVAILABLE FROM JUNE TO OCTOBER.



#### **GROUP TURTLE WALK**

ADULT	35€ PER PERSON
CHILDREN	30€ PER PERSON

DURATION: 3 HOURS APPROX INCLUDING TRANSFER FROM AND TO THE HOTEL / INTRODUCTORY BRIEFING IN A GLAMPING COMFY TENT / SOFT DRINKS & SNACKS / TURTLE WATCHING EXPERIENCE IN SMALL GROUPS OF MAXIMUM 12 PEOPLE / PROFESSIONAL MULTILINGUAL GUIDE /INSURANCE / VIDEO SOUVENIR

#### PRIVATE TURTLE WALK

2 PEOPLE: 85€ PER PERSON 3-5 PEOPLE: 75€ PER PERSON 6-10 PEOPLE: 45€ PER PERSON

#### DURATION: 3 HOURS APPROX

INCLUDING TRANSFER FROM AND TO THE HOTEL / INTRODUCTORY BRIEFING IN A GLAMPING COMFY TENT / SOFT DRINKS & SNACKS / PRIVATE TURTLE WATCHING EXPERIENCE WITH A PROFESSIONAL GUIDE EXCLUSIVE FOR YOU AND YOUR FRIENDS AND FAMILY / INSURANCE / VIDEO SOUVENIR



NOURISH YOURSELF WITH ONE OF OUR BODY TREATMENTS. ENJOY A DEEPLY RELAXING MASSAGE OR A FULL AFTER SUN HIDRATION. DO IT. YOU DESERVE IT!

#### **BODY TREATMENTS**

PAPAYA AND PINEAPLE EXFOLIATION	50 MIN	30€
AFTER SUN BODY WRAP WITH ALOE VERA	50 MIN	35€
ANTI CELLULITE WITH GREEN COFFEE	50 MIN	50€
CHOCOLATE TREATMENT	50 MIN	60€
CHROMOTHERAPY	50 MIN	70€
VICHY SHOWER MASSAGE	35 MIN	50€

#### MASSAGES

DEEP TISSUE	60 MIN	6	C€	
LEGS & FEET	50 MIN	4(	C€	
YHI ABYANGA	50 MIN	5	5€	
YHI ABYANGA	80 MIN	90	C€	
REFLEXOLOGY	30 MIN	4(	)€	
SALT THERAPY	60 MIN	55	i€	
COUPLE MASSAGE	60 MIN	90	)€	
STRESS RELIEF	60 MIN	65	5€	
RELAXING	50 MIN	50	)€	
SPECIFIC MASSAGE	30 MIN	35	i€	
AROMATIC BALINES	E 80 MIN	80	)€	
EQUILIBRIUM AROM	ATHERAP	Y	50 MIN	50€
EQUILIBRIUM AROM	IATHERAP	Y	80 MIN	90€

#### FACIAL TREATMENTS

DRY SKIN	50 MIN	30€
SENSITIVE SKIN	50 MIN	35€
PURIFYING	50 MIN	40€

#### FINISHING TOUCHES

SPA MANICURE	50 MIN	25€
SPA PEDICURE	60 MIN	30€
EXPRESS MANICURE	20 MIN	12€
EXPRESS PEDICURE	20 MIN	15€

# **DANCE CLASS**

READY TO MOVE YOUR BODY?

GET FAMILIAR WITH THE RYTHM AND FLAVOURS OF CAPEVERDE TRADITIONAL DANCES.

PRIVATE WORKSHOP UP TO 2 PERSONS 30€ PER PERSON

**GROUP WORKSHOP** 

COMING SOON

BATUQUE, FUNANÁ, TABANCA, MASURCA SAN JON, COLADERA

# WELLNESS & FITNESS

WE HAVE CERTIFIED PROFESSIONALS TO TAKE YOU FURTHER IN YOUR DAILY ROUTINES. ENJOY THE OUTDOOR BEAUTY AND STILLNESS WHILE YOU PRACTICE.



#### PRIVATE CLASSES

YO	SA
(60	MIN)

BREATH WORK (60MIN)

MEDITATION (30 MIN)

REIKI (60 MIN) (30 MIN)

WELLNESS (60 MIN)



50€1 PERSON 80€ 2 PERSONS

50€1 PERSON 80€2 PERSONS

30€1PERSON

50€ 2 PERSONS

#### PERSONAL TRAINING

1 CLASS	20€ per person
2 CLASSES	36€ per person
3 CLASSES	51€ per person



# ROMANCE GLAMPING



GLAMPING HAS ARRIVED TO SAL ISLAND, CAPE VERDE. THE IDYLLIC SETTING FOR YOUR MOST SPECIAL MOMENTS. INTIMATE, ELEGANT, ROMANTIC AND EXCLUSIVE. A MAGICAL EVENING IN PARADISE, ONLY FOR YOU. PERSONALIZED TO THE SMALLEST DETAIL -PONTA PRETA BEACH STUNNING VIEWS AND SUNSET.

ASK US FOR A QUOTE.



#### PACKAGES

BRONZEPrice: 249€Duration: 2 hoursWhat is included: Transfer from and back to your hotel / Bottle of wine

SILVERPrice: 299€Duration: 3 hoursWhat is included: Transfer from and back to your hotel / Appetizer made of<br/>cheese assortment / Bottle of red wine or white wine

GOLDPrice: 399€Duration: 3 hoursWhat is included: Transfer from and back to your hotel / Bottle of red or<br/>white wine / Water / Gold Classic dinner, Gold Tropical dinner or Gold Combo<br/>Sushi dinner

Personalize your experience with our extra services available:

- Birthday Cake: 40€
- Bottle of Champagne: 50€
- Photoshooting session with a private professional photographer: 150  $\in$
- Private live music: 200€

# RENT A-CAR













CHOOSE YOUR RIDE AND GO FOR AN ADVENTURE!

> PICK UP 70€ TOYOTA HILUX FORD RANGER PEUGEOT LANDTREK PEUGEOT KP0

SUV PREMIUM65€KIA SONETKIA SPORTAGE

SUV RENAULT DUSTER 60€

40€

SUV ECO 50€ FORD ECOSPORT RENAULT SANDERO STEPWAY

COMPACT 50€ TOYOTA YARIS KIA PEGAS AUTOMATIC FORD FOCUS AUTOMATIC

MINI KIA PICANTO RENAULT KWID

DEPOSIT 400€ / 600€





BIG THINGS COME FROM SMALL GESTURES. THIS IS HOW WE LOOK AT SOCIAL RESPONSIBILITY AT DUNAS DE SAL.

ONE CAN NEVER AIM TO HELP EVERYBODY IN NEED, BUT WE CAN CHOOSE TO GET INVOLVED AND ASSIST IN MAKING SOME LIVES EASIER.

THIS IS WHY WE CHOSE TO SUPPORT A SINGLE INSTITUTION PUTTING ALL OUR EFFORTS IN PROVIDING GOODS, SERVICES, GUIDANCE AND OPPORTUNITY TO THE MEN, WOMEN AND CHILDREN OF XXX(ASSOCIATION) SHOULD YOU WISH TO JOIN US IN OUR MOVEMENT YOU CAN DO IT BY SIMPLY DONATING:

- CLOTHING AND SHOES
- HIGYENE PRODUCTS
- SCHOOL MATERIALS
- POSITIVE THOUGHTS
- SMILES

THANK YOU AND SEE YOU SOON!